Community Food Production: Building Sustainability in Gardening & Farming Programs to Feed Neighborhoods

*Food Systems Toolbox Webinar Series*

Thursday June 13th, 2013

1-2 p.m.
WELCOME!

Lisa Walvoord

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Objectives

- Become familiar with efforts to scale up urban gardening and farming programs to provide healthy food access for neighborhoods
- Hear about the strengths of community partnerships and other keys to sustainability
- Discuss action steps to initiate and grow these programs in your community
Agenda

Welcome!

Presentations:

- Increasing Neighborhood Food Security through Gardening Programs – Denver Urban Gardens
- Building Gardening and Farming Skills, Neighbor to Neighbor - Revision International
- Engaging Communities around Neighborhood Agriculture - Urbiculture
- Growing Strong Youth & Food Justice - GreenLeaf

Closing Thoughts

Open Q&A
Today’s Presenters

Lisa Walvoord
LiveWell Colorado

Shannon Spurlock
Denver Urban Gardens

Eric Kornacki
Revision International

Candice Kearns Orlando
Urbiculture Community Farms

Leah Bry
Greenleaf Denver

Demetrius Chavez
Greenleaf Denver

Ruby Malagon
Greenleaf Denver

Rhiannon Loyal
Greenleaf Denver
Denver Urban Gardens
Shannon Spurlock

Increasing Neighborhood Food Security through Gardening Programs

DUG’s mission: To grow community, one urban garden at a time.

In 2012, DUG supported over 120 community gardens.

In 2013, DUG is supporting over 130 community gardens.

80% of DUG’s community gardens are in low to moderately-low income neighborhoods.

2012 Impact:
237 tons of produce grown
23 tons of produce donated
Some Benefits of Community Gardens

As well as eating better and being more active, gardeners are more involved in social activities, view their neighborhoods as more beautiful, and have stronger ties to their neighborhoods.

95% of community gardeners give away some of the produce they grow to friends, family and people in need; 60% specifically donate to food assistance programs.

Community gardens promote stronger neighborhood leadership, outreach, and volunteerism.
Community gardens increase food security at home, at school, in the neighborhood, and in the greater community.

Access to fresh produce now leads students to the Fairmont garden instead of the corner store. Imagine...kids snacking on beans, not Hot Cheetos.

Fairmont Student & Summer Gardener
The Family that Grows Together...”Lives Well” Together!

Fairview Community garden brings three generations of the same family together to support each other in growing food and eating healthy. Jirah (the student) taught her aunt about Fall vegetables and helped her expand her garden. Jirah’s family cooks together using the vegetables purchased at the Fairview Youth Farmer’s Market. Dre Dufford
Increasing SNAP Access

To see all the details that are visible on the screen, use the "Print" link next to the map.
Free Seeds & Transplants

This program gives me the opportunity to grow a garden when it wouldn’t otherwise be possible, and it saves me money on a low income.

This program meant a lot to our family. I was not employed last summer and money was very tight. We were able to supplement our meals with our own 'home-grown' vegetables, as well as share it with others in need. Nothing went to waste. Thank you for this program.
DeLaney and Tri-County Health Department have partnered for nearly 10 years, allowing WIC clients to participate at DeLaney. During the growing season, WIC participants can provide one hour of work each week at DeLaney in exchange for a half share of freshly harvested produce.
Denver Urban Gardens
Shannon Spurlock
Resources

- Community Garden Research: www.dug.org/research
- DeLaney Community Farm’s WIC Program (http://dug.org/wic-at-delaney/)
- Free Seeds & Transplants (http://dug.org/free-seeds-transplants/)
Urbiculture Community Farms
Candice Kearns Orlando

Community Engagement and Partnership
Who We Are and What We Do
Urbiculture Community Farms
Candice Kearns Orlando

Neighborhood Supported Agriculture
Urbiculture Community Farms
Candice Kearns Orlando

Gabrielle’s Garden
Urbiculture Community Farms
Candice Kearns Orlando

Columbian Elementary School
Urbiculture Community Farms
Candice Kearns Orlando

Celebration Community
Urban Garden
Urbiculture Community Farms
Candice Kearns Orlando

Community Partnerships
Urbiculture Community Farms
Candice Kearns Orlando

Questions?
GreenLeaf Denver
Leah Bry, Demetrios Chavez, Ruby Malagon, Rhiannon Loyal
Questions?
Speaker Contacts and Key Resources

Speaker Contacts
Lisa Walvoord – lisawalvoord@livewellcolorado.org
Shannon Sprulock- shannon@dug.org
Eric Kornacki- eric@revisioninternational.org
Candice Kearns Orlando- candice@urbiculturecommunityfarms.org
Leah Bry- leah@greenleafdenver.org

Resources Mentioned By Speakers
www.revisioninternational.org
www.dug.org (plus those listed on Shannon’s resources slide)
www.urbiculturecommunityfarms.org
www.greenleafdenver.org
More Resources

Just released! Local Food for Local Need: A Guide to Food Donation for Colorado Gardeners

Available at: [www.livewellcolorado.org/foodsystems](http://www.livewellcolorado.org/foodsystems)
Thank you!

Thank you for joining us! Please join us for next month’s webinar:

Municipal Policies that Promote Access to Healthy Foods & Healthy Food Systems: A Joint Webinar with HEAL Cities & Towns

Thursday, July 11th
1-2pm

Find out about future webinars on LiveWell’s new webinar page at http://livewellcolorado.org/livewells-commitment/research-and-publications/webinars