Using Federal Food Assistance Programs to Increase Access to Fresh, Local, Healthy Foods

Food Systems Toolbox Webinar Series
Thursday March 14th, 2013
1-2p.m.
WELCOME!

Lisa Walvoord

lisawalvoord@livewellcolorado.org
Objectives

- Become more familiar with various federal food assistance programs
- Identify opportunities to grow partnerships between local producers and food assistance programs
- Learn about key state and local partners to help you do this
- Discuss action steps to initiate and grow these programs in your community
Agenda

- Welcome & Overview (LiveWell)
- SNAP at Farmers Markets: State partnerships & training, Community successes and "double up" programs (Shannon, Karen)
- WIC: State Farm to Family Program, Local connections to community garden networks (Cheryl, Whitney)
- Colorado's Senior Farmers Market Nutrition Program: State purchasing program, Community produce voucher & nutrition programs (Leighanna, Liza & Elaine)
- Additional Resources
- Upcoming Webinars
- Q&A
Today’s Presenters

Lisa Walvoord
LiveWell Colorado

Shannon Spurlock
Denver Urban Gardens

Karen Scopel
Greeley Natural Resources

Cheryl Cassell
CO Dept. of Public Health & Environment

Whitney Smith
Summit County Public Health

Leighanna Konetski
CO Dept. of Human Services

Liza Marron
San Luis Valley Local Foods Coalition

Elaine Patarini
SLV Local Foods Coalition Nutrition Director
Increasing SNAP Access at Farmers Markets
Shannon Spurlock

Timeline

2010
The Colorado Food Systems Advisory Council is established and the Colorado Farmers Market Association becomes a member of Council

The Denver Sustainable Food Policy Council is established

2012
CFMA received $23K grant from Share Our Strength to 1) help markets apply for certification to be a SNAP vendor 2) receive SNAP equipment and 3) implement SNAP in the marketplace
Increasing SNAP Access at Farmers Markets
Shannon Spurlock

Timeline

2012 Continued

With partners, successfully advocate the following recommendation be included in the 2012 annual report of the COFSAC to the state legislature:

Recommendation
Continue technical assistance, training, and other resources to increase EBT infrastructure and supporting program at direct markets in Colorado. This should include the implementation of nutrition education to increase awareness of the opportunities of shopping at direct markets and efforts to increase SNAP participation at direct markets.
Increasing SNAP Access at Farmers Markets
Shannon Spurlock

Timeline

2013

In partnership with the Denver Sustainable Food Policy Council, a replicable and scalable work plan to increase the redemption of SNAP benefits at farmers markets is being finalized to further implement these efforts throughout Colorado.
Increasing SNAP Access at Farmers Markets
Shannon Spurlock

Text:

Increasing SNAP Access

Image: A map showing various locations with points marked, indicating SNAP access points.
Increasing SNAP Access at Farmers Markets
Shannon Spurlock

Project Partners

- Member Farmers Markets: Denver Urban Gardens (DUG), Alamosa Farmers Market, Greeley Farmers Market at the Depot and Metro Denver Farmers Markets
- University of CO, Boulder Department of Education & Leeds School of Business (evaluation)
- USDA Food and Nutrition Services: Greg Paulos, Jan Rhodes, Irene Wise (retired)
- Colorado Department of Public Health and Environment: Cheryl Cassell, Shana Patterson
- CSU Extension and Nutrition Education: Susan Baker, Joel Lindau, Garry Auld
Increasing SNAP Access at Farmers Markets
Shannon Spurlock

Project Partners (cont.)
- Share Our Strength: Summer Gathercole (formerly Ruth Stemler)
- CO Department of Human Services: Scott Barnette (at large: Sue McGinn, Julie Kerksick)
- Hunger Free CO: Amanda Garrard
- Colorado Farmers Market Association (CFMA) Director and Member Markets: statewide representation
- Rocky Mountain Farmers Union: Bill Stevenson
- Denver Sustainable Food Policy Council:
- Denver Public Health, DUG, Cooking Matters, Slow Food Denver
Increasing SNAP Access at Farmers Markets
Shannon Spurlock

Resources

To find out more about the Share Our Strength grant, partners, implementation efforts, and ways to support this effort, contact Cindy Torres (cindy@coloradofarmers.org)

To find out more about the Denver Sustainable Food Policy Council’s efforts around SNAP, contact Shannon Spurlock (shannon@dug.org)
SNAP and DVCP at the Greeley Farmer’s Market
Karen Scopel
SNAP Program

- Began accepting SNAP in 2007 as well as debit cards
  - CFMA received FMPP grant to provide terminals and other resources to member markets
  - First year use $1223
SNAP and DVCP at the Greeley Farmer’s Market
Karen Scopel

SNAP Coupon Use 2007 – 2012

Sales

<table>
<thead>
<tr>
<th>Year</th>
<th>Sales</th>
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<tbody>
<tr>
<td>2007</td>
<td>1000</td>
</tr>
<tr>
<td>2008</td>
<td>1500</td>
</tr>
<tr>
<td>2009</td>
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<td>2000</td>
</tr>
<tr>
<td>2012</td>
<td>2500</td>
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</table>
SNAP and DVCP at the Greeley Farmer’s Market
Karen Scopel

Increasing Access to Fresh Produce

* Interest in increasing opportunity for residents to access fresh fruits and vegetables

* Wholesome Wave grant received in late 2011 – provide added benefit to SNAP customers in the form of double value of EBT transactions to purchase fruits and vegetables from local growers.
SNAP and DVCP at the Greeley Farmer’s Market
Karen Scopel

Program designed and implemented in 2012
- Outreach to social service and service provider agencies and organizations
- Regular SNAP coupons modified for use as the Double Value Coupon
  - When customers use their EBT benefits they also receive DVC’s in the same amount up to $20/transaction
  - Some confusion with customers and vendors since the 2 looked very similar
  - Some confusion about eligible products for DVC’s
SNAP and DVCP at the Greeley Farmer’s Market
Karen Scopel

SNAP it up!

 Partners
- Wholesome Wave
- CFMA
- RMFU
- Healthy Weld 2020
SNAP and DVCP at the Greeley Farmer’s Market
Karen Scopel

SNAP/DV Coupons

SNAP Coupon
Supplemental Nutrition Assistance Program
2012 Season

SNAP Coupon
Supplemental Nutrition Assistance Program
2012 Season
SNAP and DVCP at the Greeley Farmer’s Market
Karen Scopel

2012 Program Statistics

- SNAP it Up! DVC Program started July 18th
- Total SNAP issued $2,146
- Total SNAP redeemed $2,122
- Total DVC’s issued $1,662
- Total DVC’s redeemed $1,462
- 55 new SNAP customers
- 138 EBT transactions
SNAP and DVCP at the Greeley Farmer’s Market
Karen Scopel

SNAP Issued vs SNAP Redeemed

[Graph showing SNAP Issued and SNAP Redeemed over time with specific dates: 18-Jul, 25-Jul, 1-Aug, 8-Aug, 15-Aug, 22-Aug, 29-Aug, 5-Sep, 12-Sep, 19-Sep, 26-Sep, 3-Oct, 10-Oct, 17-Oct, 24-Oct. The graph indicates fluctuations in the numbers of SNAP Issued and Redeemed with a peak around 29-Aug and a decline afterwards.]
SNAP and DVCP at the Greeley Farmer's Market
Karen Scopel

DC Issued vs DC Redeemed
SNAP and DVCP at the Greeley Farmer’s Market
Karen Scopel

Challenges

● Advocacy
  – Need to develop other sources of funding to maintain the program into the future after the grant

● Outreach
  – Difficult getting/keeping the information out where potential clients can access it
SNAP and DVCP at the Greeley Farmer’s Market
Karen Scopel

Contact Info

Karen Scopel, Natural Resources Manager
1100 10th St, Ste 202
Greeley CO 80631
970-350-9783
Karen.scopel@greeleygov.com
www.greeleygov.com/fm
CO WIC: Local and State Food Systems Projects
Cheryl Cassell
CO WIC: Local and State Food Systems Projects
Cheryl Cassell

Colorado WIC

- WIC Program Connections with Food And Farm: including New *Farm to Family* Program: Authorizing farmers. Cheryl Cassell, Benefit Delivery Manager, CO WIC, CDPHE, 303-692-2454, email: [cheryl.cassell@state.co.us](mailto:cheryl.cassell@state.co.us)
- Partnering with WIC kids at the Community Garden. Whitney Smith, WIC Director, Summit County Public Health 970-668-9199, email: [WhitneyS@co.summit.co.us](mailto:WhitneyS@co.summit.co.us)
- Across Colorado: A look at some of the variety of food system/ farm/ fresh food access projects conducted by local WIC agencies across Colorado.
CO WIC: Local and State Food Systems Projects

Cheryl Cassell

WIC’s Connections with Food and Farm

WIC: Nutrition education, breastfeeding support, health care referrals and supplemental foods (almost $70 million in Colorado) for low income pregnant and postpartum women, and to infants and children up to age five who are found to be at nutritional risk. Foods include milk, eggs, cheese, whole grains as well as fruits and vegetables.
WIC’s Connections with Food and Farm

Farm to Family Program:
In addition to authorizing grocery stores, Colorado WIC authorizes farmers to redeem produce checks.

Local WIC Agencies & Community Sponsored Food Systems Programs:
Across the state Local WIC Agencies are involved in a variety of food system and farm access projects.
Farm to Family: WIC Farmer Authorization

2010 to 2011: WIC Pilot in Mesa County (with Garfield WIC assistance): Eight farmers authorized to redeem WIC produce checks.
Major Findings

- Characteristics of Farms
- Future Shopping Likelihood
- 2% of eligible families selected a farm
- Farmers applied for a couple of reasons
- Distance not a barrier
- Familiarity a key
- Financial Benefits Limited
CO WIC: Local and State Food Systems Projects
Cheryl Cassell

Farm to Family
Summit County Community Garden Network
Whitney Smith

- Whitney Smith MS, RD, CLC
- Local WIC Director
- Summit County
- whitney@co.summit.co.us
Summit Community Garden Network

Connecting FIVE Community Gardens Across Summit County, Colorado

Let's Grow Food!

It may be challenging at 9,000' but our mountain gardeners are hard core! From peas to carrots, we're here to show you how to garden in the heart of the Rockies. The SCGN is your place to discover where your food should and could come from - your backyard!

Start Now

Map of Our Gardens  Sign Up to Volunteer  Garden Workshops
Nancy’s Community Garden
Last Updated by Jen on Jan 23

83 Nancy’s Place, Frisco, CO, next to the Frisco Community and Senior Center

Directions  Search nearby  Save to map  more
CO WIC: Local and State Food Systems Projects
Cheryl Cassell

Projects Across Colorado
CO’s Senior Farmer’s Market Nutrition Program
Leighanna Konetski

**History**

- Operated by CO Department of Ag 2004-2007
- Colorado Grandfathered back into program FFY 2012
- CO Department of Human Services, State Unit on Aging currently operating the program
- Total funding ~$14,000
  - Operated as a Bulk Purchase Program
CO’s Senior Farmer’s Market Nutrition Program
Leighanna Konetski

Partnership

- CSFP (Food Distribution, CDHS)
- Food Bank of the Rockies
- Rocky Mountain Farmer’s Union
- State Unit on Aging (CDHS)
Bulk Purchase Program

- Box of fresh locally grown fruits and vegetables
- CSFP Participants
- 1,084 older adults served
- August 2012
- Same service delivery in 2013
CO’s Senior Farmer’s Market Nutrition Program
Leighanna Konetski

Questions?
Contact:
Leighanna Konetski, RD
Nutritionist, State Unit on Aging
E-mail: leighanna.konetski@state.co.us
Phone: 303-866-3056
Using Federal Food Assistance Programs to Increase Access to Fresh, Local, Healthy Foods

Liza Marron
Elaine Patarini
March 14, 2013
LiveWell Alamosa Community Profile

- Population is rich and diverse
- We number at just under 50,000
- SLV Covers 8,100 square miles at 7,500 ft
- Isolated rural area separated from the rest of the region by 9,000-foot mountain passes.
- Per Capita income = $23,161 compared to $37,510 for CO
- 20.2% live in poverty compared to 9.3% for CO
- 26.3% of our population is Spanish speaking
- 76.8% have a high school diploma
- Free and Reduced lunches 78% in Saguache County to 60% in Rio Grande County
Alamosa County Survey Design

- Random digit dial telephone survey of ~600 Alamosa County residents per year
- Conducted year-round (50 interviews per month)
- Conducted 2001-2004 Number of respondents to date: ~ 2943
- Response rate: ~ 52%
- New SLV Survey in progress – SLV Data Blast- plan to reach 1,100 in 2010)
Groups less likely to eat 5+ servings of fruits and veggies per day

- Hispanics (22%) compared to non-Hispanics (32%)
- Age 25-54 (24%) compared to age ≥ 55 (34%)
- Males (45%) compared to females (61%)
- Challenge – reach young Hispanic males
San Luis Valley Community Health Survey 2010

- Rocky Mountain Prevention Research Center – with community
- 1187 people surveyed face to face
- 63% response rate
- Collected Health Status data
- Self reported
Food Insecurity in Alamosa County
2005 Data

Food Secure
88.7 %

Food Secure
67.7 %

Food Insecure 11.3 %

Food Insecure 32.3 %

Colorado

Alamosa County*

*Figures are based on 2005 research findings
The San Luis Valley Local Food Coalition develops local networks, educates the community, and promotes programs and policies that create an economically, socially and environmentally sustainable local food system for the San Luis Valley region.
SLV Local Food Coalition

Liza Marron & Elaine Patarini

Farm to Fork

- Policies that incentivize food production
- Partnerships between food assistance education and local food production
- “Garden in a box” to low income families
- Local Food Guide – connecting families and food
- Cooking Matters – education how to prepare
- EBT at Farmers Markets - access
- Work with DHS to inform clients about EBT at FM
- Healthy Habits: WIC and Senior Produce Vouchers; Cooking Demos; Share recipes
Healthy Habits is a committee of the San Luis Valley Local Foods Coalition made up of local health professionals and community members. Our mission is to promote a healthy diet that is rich in fruits and vegetables.
Wonderful fresh local produce at Alamosa and La Jara Farmers Markets
Healthy Habits was founded in 1996, as collaboration of various agencies working together to promote health in the San Luis Valley. We have lead various projects that encourage individuals and families to make healthy choices, especially eating more fruits and vegetables and staying active. Over the past 15 years, each agency, in addition to their commitment of time, had been able to support the efforts of Healthy Habits financially. However, with budget cuts around the state and country, many of these agencies no longer have the same financial capacity.

At the end of 2011, Healthy Habits made a shift from being a collaborative of multiple agencies to becoming a committee under the San Luis Valley Local Foods Coalition non-profit. By taking this step, the members of Healthy Habits felt that the program would be more sustainable and better able to apply for future funding. We will continue to collaborate with health-focused organizations throughout the San Luis Valley to support our current projects and expand our programming to reach as many individuals as possible.
Healthy Habits

- Populations identified
- Funding obtained
- Produce vouchers printed
- Vouchers distributed
- Seasonal staff hired
- Mobile Kitchen readied
- Guest chefs
- In-season recipes of local produce
- Cooking demonstrations
- Tastes shared
- Recipe cards shared
- Vouchers redeemed
SLV Local Food Coalition
Liza Marron & Elaine Patarini

Populations

- WIC families
- Senior Citizen vouchers
  - South Central Colorado Seniors, Inc. in Alamosa, CO
    Director - Frances Valdez
    1116 3rd Street
    PO Box 420
    Alamosa, CO 81101
    719-589-4511
- Early Childhood vouchers
- Area Health Education
- Food Bank Participants
- Cooking Matters Participants
Mission
To provide greater access to fresh local and regional foods that taste good and are healthy. To host a market that builds community and promotes downtown Alamosa as a destination for locals and visitors alike. To support San Luis Valley farmers and ranchers. To offer events that enhances the attractiveness of the market and downtown Alamosa.

Valley Farmers’ Market Gross Sales over time

Below are some comparative statistics from the 2008 season:

<table>
<thead>
<tr>
<th></th>
<th>2012 Gross Sales</th>
<th>2008 Gross Sales</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$90,675</td>
<td>$78,915</td>
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</table>

Electronic Benefits Transfer (SNAP) Program

<table>
<thead>
<tr>
<th></th>
<th>2012 EBT sales (Quest card/SNAP)</th>
<th>2008 EBT sales</th>
</tr>
</thead>
<tbody>
<tr>
<td>2012 EBT sales (Quest card/SNAP)</td>
<td>$2,752</td>
<td>$753</td>
</tr>
</tbody>
</table>

Healthy Habits Produce Vouchers $4464 represent 5% of market sales
<table>
<thead>
<tr>
<th>DATE</th>
<th>MANAGER</th>
<th>GUEST COOK</th>
<th>RECIPE</th>
<th>COST OF DEMO</th>
<th># OF VOUCHERS</th>
<th>WIC (PINK)</th>
<th>AHHC PURPLE</th>
<th>SENIORS BLUE</th>
<th># OF SAMPLES</th>
<th>DONATIONS</th>
</tr>
</thead>
<tbody>
<tr>
<td>7/7/12</td>
<td>Cheryl (and Renee training at 7:15am and 1pm)</td>
<td>Megan Leonard</td>
<td>No Cook Kale Salad</td>
<td>$18.00</td>
<td>8</td>
<td>8</td>
<td>8</td>
<td>142</td>
<td>173 – 220 Samples (people shared)</td>
<td></td>
</tr>
<tr>
<td>7/14/12</td>
<td>Renee</td>
<td>Katy Baor, daughter Jade</td>
<td>Raw Beet Salad</td>
<td>$26.00</td>
<td>103</td>
<td>45</td>
<td>58</td>
<td>200</td>
<td></td>
<td></td>
</tr>
<tr>
<td>7/21/12</td>
<td>Charyl</td>
<td>Liza Marron</td>
<td>Braised Radishes</td>
<td>$23.50</td>
<td>128</td>
<td>75</td>
<td>33</td>
<td>150</td>
<td></td>
<td>$7.50</td>
</tr>
<tr>
<td>7/28/12</td>
<td>Renee</td>
<td>Donna Matby, Body Tune-Up</td>
<td>Fava Beans w Yogurt, Dill + Lemon</td>
<td>$76.60</td>
<td>200</td>
<td>122</td>
<td>10</td>
<td>88</td>
<td>170</td>
<td>$9.07</td>
</tr>
<tr>
<td>8/4/12</td>
<td>Charyl</td>
<td>Stephen Stokes</td>
<td>Peach Snaps</td>
<td>$42.96</td>
<td>342</td>
<td>258</td>
<td>15</td>
<td>71</td>
<td>232</td>
<td>$4.10</td>
</tr>
<tr>
<td>8/11/12</td>
<td>Renee</td>
<td>Mary Sue Morgan</td>
<td>Cantaloupe Salad</td>
<td>$4.61</td>
<td>408</td>
<td>152</td>
<td>63</td>
<td>194</td>
<td>280</td>
<td>$6.00</td>
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<tr>
<td>8/18/12</td>
<td>Charyl</td>
<td>Alex Stokes</td>
<td>Crispy Sautéed Potatoes w Garlic + Rosemary</td>
<td>$49.43</td>
<td>528</td>
<td>273</td>
<td>82</td>
<td>171</td>
<td>278</td>
<td>$4.10</td>
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<tr>
<td>8/25/12</td>
<td>Renee</td>
<td>Mandy Pittman</td>
<td>Asian Style Sesame and Garlic Green Beans</td>
<td>$27.00</td>
<td>293</td>
<td>149</td>
<td>48</td>
<td>98</td>
<td>227</td>
<td>$14.66</td>
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<tr>
<td>9/1/12</td>
<td>Charyl</td>
<td>Sandra</td>
<td>Fresh Roasted Green Chili Pizza</td>
<td>$50.00</td>
<td>278</td>
<td>141</td>
<td>50</td>
<td>87</td>
<td>362</td>
<td>$12.60</td>
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<tr>
<td>9/8/12</td>
<td>Renee</td>
<td>Liz Drake</td>
<td>Squash + Green Chili</td>
<td>$29.00</td>
<td>227</td>
<td>122</td>
<td>19</td>
<td>88</td>
<td>196</td>
<td>$8.12</td>
</tr>
<tr>
<td>9/15/12</td>
<td>Charyl</td>
<td>Jordan McIlveen</td>
<td>Salsas: Zucchini + Green Chile, Zucchini with Cilantro</td>
<td>$21.52</td>
<td>473</td>
<td>164</td>
<td>128</td>
<td>161</td>
<td>245</td>
<td>$16.72</td>
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<tr>
<td>9/22/12</td>
<td>Renee</td>
<td>Tawney Becker</td>
<td>Curried Carrot Soup</td>
<td>$3.00</td>
<td>453</td>
<td>141</td>
<td>124</td>
<td>168</td>
<td>200</td>
<td>$10.25</td>
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<tr>
<td>9/29/12</td>
<td>Charyl</td>
<td>Trudi Kretsinger</td>
<td>Making Stock</td>
<td>$0.00</td>
<td>351</td>
<td>197</td>
<td>100</td>
<td>84</td>
<td>215</td>
<td>$5.49</td>
</tr>
<tr>
<td>10/6/12</td>
<td>Renee</td>
<td>Soena Mackey</td>
<td>Quinoa Salad</td>
<td>$30.73</td>
<td>316</td>
<td>168</td>
<td>81</td>
<td>87</td>
<td>200</td>
<td>$20.00</td>
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**TOTALS**

<table>
<thead>
<tr>
<th></th>
<th>Cost of Demos</th>
<th>Vouchers</th>
<th>WIC (PINK)</th>
<th>AHHC PURPLE</th>
<th>SENIORS BLUE</th>
<th>Samples</th>
<th>Donations</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alamosa</td>
<td>$363.25</td>
<td>Alamosa</td>
<td>4107</td>
<td>2025</td>
<td>639</td>
<td>1243</td>
<td>3106</td>
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<tr>
<td>La Jara</td>
<td>$152.65</td>
<td>La Jara</td>
<td>357</td>
<td>121</td>
<td>76</td>
<td>160</td>
<td>645</td>
</tr>
</tbody>
</table>

**TOTALS per market**

|            | $535.90       | 4454     | 2145       | 915          | 1403         | 3751    | $118.51   |

**AVE. COST OF DEMO**

|            | $26.21        | 6,930    | 3,400      | 1,660        | 1,600        |         |           |
Voucher Pre Post Surveys

Overall, 64% of the participants reported using all their vouchers.

The top four barriers to eating fresh fruits and vegetables are:
- cost,
- spoil quickly,
- not convenient, and
- do not know how to prepare them.

Further, it is important to determine why people did not use all the vouchers. The top four reasons why 37% of participants did not use all the vouchers are:
- inconvenient,
- cost of gas,
- no ride available and
- not interested in eating more fruits and vegetables.

30.4% reported trying a recipe from MOKI.
How could the cooking demonstrations at the farmer’s market attract more people and highlight additional variations to preparing fruits and vegetables? A more tailored demonstration, possibly hands-on activities could increase the number of participants that take a recipe card, currently at 19.8%.

Moreover, getting to the farmer’s market was inconvenient and the cost of gas were barriers, so perhaps using MOKI at other locations, such as WIC or in other frequently locations, is an idea worth exploring.

The $15 dollar voucher booklets for the farmer’s market expose participants to cooking demonstrations, new fruits and vegetables, and healthy recipes.

The senior participants improved their fruit and vegetable consumption by 12%. Cost was still an issue. Also, age was noted as a factor in what barriers were more of an issue for participants.
SLV Local Food Coalition
Liza Marron & Elaine Patarini
Abraham Maslow’s Hierarchy of Needs

- PHYSIOLOGICAL
  - Food
  - Water
  - Shelter
  - Warmth

- SAFETY
  - Security
  - Stability
  - Freedom from Fear

- BELONGING - LOVE
  - Friends
  - Family
  - Spouse
  - Lover

- SELF-ESTEEM
  - Achievement
  - Mastery
  - Recognition
  - Respect

- SELF-ACTUALIZATION
  - Pursue Inner Talent
  - Creativity
  - Fulfillment

- BASE NEEDS
SLV Local Food Coalition
Liza Marron & Elaine Patarini

Contact Us

Liza Marron
719-539-5606
directorslvlocalfoods@gmail.com
Elaine Patarini
323-842-5121
nutritioned.slvlocalfoods@gmail.com
Resources

- Greeley Farmers Market/SNAP It Up: [www.greeleygov.com/fm](http://www.greeleygov.com/fm)
- Wholesome Wave: [wholesomewave.org](http://wholesomewave.org)
- Colorado Farmers Market Association: [www.coloradofarmers.org](http://www.coloradofarmers.org)
- Summit Community Garden Network: [summitgardennetwork.org](http://summitgardennetwork.org)
- Colorado WIC: [www.cdphe.state.co.us](http://www.cdphe.state.co.us) < divisions < WIC
- LiveWell Colorado Food Systems Toolbox: [www.livewellcolorado.org/foodsystems](http://www.livewellcolorado.org/foodsystems)
- Colorado Food Systems Advisory Council: [www.cofoodsystemscouncil.org](http://www.cofoodsystemscouncil.org)
Webinar Series
2nd Thursdays, 1pm-2pm

April 11th:
  – Strengthening Access to Fresh, Local, Healthy Foods through Community Food Assistance

May 9th:
  – Food Systems Education Efforts

June 13th:
  – Gardening to Feed our Neighborhoods
Speaker Contact Information

- Lisa Walvoord - lisawalvoord@livewellcolorado.org
- Liza Marron, Executive Director, San Luis Valley Local Foods Coalition - directorslvlocalfoods@gmail.com
- Elaine Patarini, Nutrition Director, San Luis Valley Local Foods Coalition - nutritioned.slvlocalfoods@gmail.com
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