

Program addresses Pueblo's health

LiveWell Pueblo, a program of the Pueblo City-County Health Department, is working in the community, with schools, worksites and health care providers to address chronic diseases associated with obesity.

Furthermore, department personnel are providing resources to those at risk for being overweight or obese.

Grant monies received in 2009 and some funding for 2010 has continued the work started through Steps to a Healthier Pueblo, a five-year grant program that ended Fall 2008.

Programs that will be initiated or continued in Pueblo by this current LiveWell Colorado grant to improve the health and

wellbeing of Puebloans in 2010 are:

- Pueblo Active Community Environments (PACE) — a community advocacy group working to improve walkability and bikeability in Pueblo — will distribute updated bike route maps for Pueblo and Pueblo West.

- Collaborate with the Sangre De Cristo Arts and Conference Center and Kaiser Permanente's Denver Theatre Troupe to present the "Great Food Detective"— a nutrition education program for elementary students.

- Partner with the Historic Arkansas Riverwalk of Pueblo and Kaiser Permanente to provide the 3rd Annual Farmers' Market at the Riverwalk.

Also, LiveWell Pueblo will assist in implementing the acceptance of the Food Stamp Electronic Benefit Transfer Cards at the Market.

LiveWell Pueblo is a community initiative funded by LiveWell Colorado. LiveWell Colorado aims to provide every Coloradoan with access to healthy foods and opportunities for physical activity in the places they live, work, learn and play.

Pueblo is one of numerous communities in Colorado that received funding.

For more information about LiveWell Colorado Community Initiatives, visit www.livewellcolorado.com

LiveWell Pueblo can be contacted at 719-583-4315.



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