# NEIGHBORHOOD ENVIRONMENT AND HEALTH SURVEY

Sponsored by:
Gardens for Growing Healthy Communities Partners

<table>
<thead>
<tr>
<th>First Name</th>
<th>Last Name</th>
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<tbody>
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<table>
<thead>
<tr>
<th>Address</th>
<th>Zip</th>
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<table>
<thead>
<tr>
<th>Work Phone</th>
<th>Neighborhood</th>
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<tbody>
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<table>
<thead>
<tr>
<th>Household ID</th>
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</table>

This survey is funded by the Centers for Disease Control and Prevention's Health Protection Research Initiative. Grant No. K01-000066-02
[INTRODUCTORY SCRIPT]:

Thank you for agreeing to do the survey.

The survey will take around an hour, are you comfortable here or would you like to find a place where you will be more comfortable?

As I mentioned before, the survey will ask you questions about your health and health behaviors, as well as information about your community.

As we go through the survey please stop me if you are confused about a particular question so that I can clarify for you. I want to respect your time and if the survey moves away from the questions, you may notice me steering us back on track. If questions come up about the project during the survey, at the end I will give you information about where and how you can learn more about the project.

As you are answering these questions keep in mind that there are no right or wrong answers. If you feel uncomfortable with any question, you do not have to answer it.

My partner's role today is to follow along with the survey and take any additional notes that may arise.

Do you have any questions before we begin?

[INSTRUCTIONS FOR INTERVIEWER]

Shade Circles Like This---> ●
Not Like This---> ✗

For optimum accuracy, please print carefully and avoid contact with the edges of the box.
The following will serve as an example: 1 2 3 4 5 6 7 8 9 0
Part I: Learning about your Neighborhood
The survey begins with questions regarding your neighborhood and its public recreation facilities. A neighborhood can be thought of as a geographic area within a 15 minute walk from your home. There are many ways to define a neighborhood so please feel free to adjust this definition to fit with your own ideas of your neighborhood.

1. Does your neighborhood have public recreation facilities?
   ○ Yes  ○ No  ○ Don't know  ○ Refused
   [IF NO OR DON'T KNOW, SKIP TO QUESTION #4]
   [If YES], Does it have...
   □ Public swimming pool
   □ Park/s or playgrounds
   □ Walking trails
   □ Bike paths
   □ Recreation Centers
   □ Sports fields
   □ School facilities

2. Do you use these recreation facilities for physical activity?
   ○ Yes  ○ No  ○ Don't know  ○ Refused
   [If YES], which ones?
   □ Public swimming pool
   □ Park/s or playgrounds
   □ Walking trails
   □ Bike paths
   □ Recreation Centers
   □ Sports fields
   □ School facilities

3. In general, how would you rate the condition of these public recreation facilities? Would you say:
   ○ Excellent  ○ Good  ○ Fair  ○ Poor
Part II: Understanding people and places in your neighborhood

II A. Relationships

The following questions ask about your relationships with others who live in your neighborhood. For each statement I read, tell me if you would say often, sometimes, rarely, never or don't know. I will hand you a card that lists these responses. Please refer to the card when you answer the following questions.

[FLASHCARD A]

4. How often do you and other people in this neighborhood have parties or get-togethers where other people in the neighborhood are invited? Would you say often, sometimes, rarely or never?

   Often   Sometimes   Rarely   Never   Don't Know   Refused

5. How often do you and other people in this neighborhood visit in each other's homes or in the street?

   Often   Sometimes   Rarely   Never   Don't Know   Refused

6. How many of your relatives or in-laws live in your neighborhood? Would you say none, one or two, three to five, six to nine or ten or more?

   None   One or two   Three to five   Six to nine   Ten or more   Don't know   Refused

7. How many friends do you have in your neighborhood?

   None   One or two   Three to five   Six to nine   Ten or more   Don't know   Refused

II B. Getting Involved

Sometimes people in a neighborhood get involved in local activities. We want to learn about the kind of things you or members of your household may do to become more active in your community or more knowledgeable about the on goings in your community. Please tell me if you have been involved in the following activities since you lived in this neighborhood:

8. Have you (or any member of your household) spoken with a local politician like your Ward committee person or an elected local official like your alder person about a neighborhood problem?

   Yes   No   Don't know   Refused

9. Have you (or any member of your household) talked to a person or group causing a problem in the neighborhood?

   Yes   No   Don't know   Refused

10. Have you (or any member of your household) attended a meeting of a block or neighborhood group about a neighborhood problem or neighborhood improvement?

    Yes   No   Don't know   Refused
11. Have you (or any member of your household) talked to a local religious leader or minister to help with a neighborhood problem or with neighborhood improvement?
   ☐ Yes ☐ No ☐ Don't know ☐ Refused

12. Have you (or any member of your household) gotten together with neighbors to do something about a neighborhood problem or to organize neighborhood improvement?
   ☐ Yes ☐ No ☐ Don't know ☐ Refused

13. Have you (or any member of your household) ever participated in neighborhood meetings relating to public education, such as parent-teachers association meetings or school board meetings?
   ☐ Yes ☐ No ☐ Don't know ☐ Refused
Part III: More on your neighborhood

III A. Describing your neighbors

Please think about the people who live in your neighborhood. The word "people" in this section can refer to family, friends, neighbors, acquaintances, or even strangers.

For each statement I read, tell me if you strongly agree, agree, disagree, or strongly disagree. I will hand you a card that includes these types of responses. Please refer to the card when you answer the following questions.

**[FLASHCARD B]**

<table>
<thead>
<tr>
<th>Statement</th>
<th>Strongly Agree</th>
<th>Agree</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
<th>Don't Know</th>
<th>Refused</th>
</tr>
</thead>
<tbody>
<tr>
<td>14. This is a close-knit neighborhood.</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>15. There are adults in this neighborhood that children can look up to.</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>16. People around here are willing to help their neighbors.</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>17. People in this neighborhood generally do <strong>not</strong> get along with each other.</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>18. You can count on adults in this neighborhood to watch out that children are safe and don't get into trouble.</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>19. People in this neighborhood do <strong>not</strong> share the same values.</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>20. Parents in this neighborhood know their children's friends.</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>21. Adults in this neighborhood know who the local children are.</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>22. Parents in this neighborhood generally know each other.</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
</tbody>
</table>
Now I will ask additional questions about you and your neighbors. For these questions, your response options will include very likely, likely, neither likely nor unlikely, unlikely, very unlikely and don't know. Again, here is the card with these responses listed for your reference.

[FLASHCARD C]

23. If a group of neighborhood children were skipping school and hanging out on a street corner, how likely is it that your neighbors would do something about it?

<table>
<thead>
<tr>
<th>Very Likely</th>
<th>Likely</th>
<th>Neither likely nor unlikely</th>
<th>Unlikely</th>
<th>Very Unlikely</th>
<th>Don't know</th>
<th>Refused</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
</tbody>
</table>

24. If some children were spray-painting graffiti on a local building, how likely is it that your neighbors would do something about it?

<table>
<thead>
<tr>
<th>Very Likely</th>
<th>Likely</th>
<th>Neither likely nor unlikely</th>
<th>Unlikely</th>
<th>Very Unlikely</th>
<th>Don't know</th>
<th>Refused</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>0</td>
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<td>0</td>
</tr>
</tbody>
</table>

25. If a child was showing disrespect to an adult, how likely is it that people in your neighborhood would scold that child?

<table>
<thead>
<tr>
<th>Very Likely</th>
<th>Likely</th>
<th>Neither likely nor unlikely</th>
<th>Unlikely</th>
<th>Very Unlikely</th>
<th>Don't know</th>
<th>Refused</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>0</td>
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<td>0</td>
<td>0</td>
</tr>
</tbody>
</table>

III B. Feelings about your neighborhood

Think about the neighborhood where you live and your feelings about your neighborhood. Using the card that lists the range of responses, tell me if you strongly agree, agree, disagree, or strongly disagree for each of the following statements.

[FLASHCARD D]

26. This is the ideal neighborhood to live in.  

<table>
<thead>
<tr>
<th>Strongly Agree</th>
<th>Agree</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
<th>Don't Know</th>
<th>Refused</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
</tbody>
</table>

27. Now this neighborhood is a part of me.  

<table>
<thead>
<tr>
<th>Strongly Agree</th>
<th>Agree</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
<th>Don't Know</th>
<th>Refused</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
</tbody>
</table>

28. There are places in the neighborhood to which I am very emotionally attached.

<table>
<thead>
<tr>
<th>Strongly Agree</th>
<th>Agree</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
<th>Don't Know</th>
<th>Refused</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
</tbody>
</table>

29. It would be very hard for me to leave this neighborhood.

<table>
<thead>
<tr>
<th>Strongly Agree</th>
<th>Agree</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
<th>Don't Know</th>
<th>Refused</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
</tbody>
</table>

30. I would willingly leave this neighborhood.

<table>
<thead>
<tr>
<th>Strongly Agree</th>
<th>Agree</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
<th>Don't Know</th>
<th>Refused</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
</tbody>
</table>

31. I would not willingly leave this neighborhood for another.

<table>
<thead>
<tr>
<th>Strongly Agree</th>
<th>Agree</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
<th>Don't Know</th>
<th>Refused</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
</tbody>
</table>
III C. Neighborhood problems

I'm going to read a list of things that are sometimes considered problems in neighborhoods. For each, please tell me how much of a problem it is in your neighborhood by stating if it is a big problem, somewhat of a problem, not a problem or you don't know. Here is the card that includes these types of responses for your reference.

[FLASHCARD E]

<table>
<thead>
<tr>
<th>Question</th>
<th>A Big Problem</th>
<th>Somewhat of a Problem</th>
<th>Not a Problem</th>
<th>Don't Know</th>
<th>Refused</th>
</tr>
</thead>
<tbody>
<tr>
<td>32. How much of a problem is litter, broken glass or trash on the sidewalks and streets?</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>33. How much of a problem is graffiti on buildings and walls?</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>34. How much of a problem are vacant or deserted houses or storefronts?</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>35. How much of a problem is drinking in public?</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>36. How much of a problem is people selling or using drugs?</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>37. How much of a problem are groups of teenagers or adults hanging out in the neighborhood and causing trouble?</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>38. How much of a problem is different social groups who do not get along with each other?</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
</tbody>
</table>

III D. Perceptions of Safety

Now think about safety in your neighborhood and answer the following questions about safety.

[FLASHCARD F]

39. For the next 4 statements that I read, please state whether you are not fearful, a little fearful, somewhat fearful or very fearful. Use the card as a reference.

How afraid are you of being attacked or robbed...

<table>
<thead>
<tr>
<th>情境</th>
<th>Not Fearful</th>
<th>A Little Fearful</th>
<th>Somewhat Fearful</th>
<th>Very Fearful</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. At home in your house or apartment?</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>B. On the streets of your neighborhood during the day?</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>C. Out alone at night in your neighborhood?</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>D. Out with other people at night in your neighborhood?</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
</tbody>
</table>
40. Please answer yes or no to the next 3 statements.

Has a fear of crime in your neighborhood caused you to…

<table>
<thead>
<tr>
<th>A. Limit the places or the times that you go shopping?</th>
<th>Yes</th>
<th>No</th>
<th>Don't Know</th>
<th>Refused</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>B. Limit the places or the times that you will work?</th>
</tr>
</thead>
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<tr>
<td></td>
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<tr>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>C. Limit the places that you will go by yourself?</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
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<td></td>
</tr>
</tbody>
</table>

**Part IV. Getting around your neighborhood**

The following questions ask about what services you can walk to in your neighborhood and what may hinder or help your ability to walk around your neighborhood. Both local and within walking distance mean a 10-15 minute walk from your home. For each statement I read, tell me if you strongly agree, agree, disagree, or strongly disagree. Here is the card for your reference.

**[FLASHCARD G]**

<table>
<thead>
<tr>
<th>Statement</th>
<th>Strongly Agree</th>
<th>Agree</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
<th>Don't Know</th>
<th>Refused</th>
</tr>
</thead>
<tbody>
<tr>
<td>41. I can do most of my shopping at local stores.</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>42. Stores are within easy walking distance of my home.</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>43. Parking is difficult in local shopping areas.</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>44. There are many places to go within easy walking distance of my home.</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>45. It is easy to walk to a transit stop (bus, train) from my home.</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
</tbody>
</table>

Now think about the physical characteristics of your neighborhood. Using the same card as before tell me if you strongly agree, agree, disagree, or strongly disagree with the following statements.

**[FLASHCARD G]**

<table>
<thead>
<tr>
<th>Statement</th>
<th>Strongly Agree</th>
<th>Agree</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
<th>Don't Know</th>
<th>Refused</th>
</tr>
</thead>
<tbody>
<tr>
<td>46. There are trees along the streets in my neighborhood.</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>47. Trees give shade for the sidewalks in my neighborhood.</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td></td>
<td>Strongly Agree</td>
<td>Agree</td>
<td>Disagree</td>
<td>Strongly Disagree</td>
<td>Don't Know</td>
<td>Refused</td>
</tr>
<tr>
<td>---</td>
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<td>------------</td>
<td>---------</td>
</tr>
<tr>
<td>48.</td>
<td>There are many interesting things to look at while walking in my neighborhood.</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>49.</td>
<td>My neighborhood is generally free from litter.</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>50.</td>
<td>There are many attractive natural sights in my neighborhood (such as landscaping, views)</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>51.</td>
<td>There are attractive buildings/homes in my neighborhood.</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
</tbody>
</table>
Part V. Urban Gardening

The following questions ask about your experience with gardening and your familiarity with community gardening.

V A. Gardening Involvement

52. Do you garden? (includes growing produce, flowers, herbs and other plants)
   ○ Yes  ○ No  ○ Don't Know  ○ Refused

[IF NO, SKIP TO QUESTION #67]

Think about this gardening season. I am going to ask questions about 4 types of gardening. For each type I am going to ask you to state whether you participate in that type of gardening or not. If you answer yes, I am going to ask you how times a week on average you spend in that garden and how long you spend during each visit.

53. Backyard Garden  ○ Yes  ○ No
   [If YES], how many times a week on average? 
   [If YES], how long do you spend gardening during a typical visit?
   ○ < 1/2 hour  ○ 1/2 - < 1 hour  ○ 1-2 1/2 hours  ○ 3-4 1/2 hours  ○ 5 + hours

54. Community Garden  ○ Yes  ○ No
   [If YES], how many times a week on average? 
   [If YES], how long do you spend gardening during a typical visit?
   ○ < 1/2 hour  ○ 1/2 - < 1 hour  ○ 1-2 1/2 hours  ○ 3-4 1/2 hours  ○ 5 + hours

55. Neighbor's Garden  ○ Yes  ○ No
   [If YES], how many times a week on average? 
   [If YES], how long do you spend gardening during a typical visit?
   ○ < 1/2 hour  ○ 1/2 - < 1 hour  ○ 1-2 1/2 hours  ○ 3-4 1/2 hours  ○ 5 + hours

56. Container Garden  ○ Yes  ○ No
   [If YES], how many times a week on average? 
   [If YES], how long do you spend gardening during a typical visit?
   ○ < 1/2 hour  ○ 1/2 - < 1 hour  ○ 1-2 1/2 hours  ○ 3-4 1/2 hours  ○ 5 + hours
57. How many years have you been gardening?
   ○ Less than one year  ○ 1-2 years  ○ 3-5 years  ○ 5-10 years  ○ More than 10 years

58. How did you first become exposed to gardening? Select the best answer from the following list.
   ○ Childhood experience
   ○ Neighbor
   ○ Friends
   ○ Community garden
   ○ Started on my own
   ○ Other__________________________________________________________

59. I am going to read a list of reasons why people garden. Please tell me which apply to you.
   □ To be physically active
   □ To be outside in nature
   □ To eat healthy fruits and vegetables
   □ To socialize or to get to know neighbors
   □ To improve my health/nutrition awareness
   □ To increase my connection to the neighborhood
   □ To save money
   □ To grow things and get my hands dirty
   □ Stress relief or other therapeutic benefits
   □ Aesthetic reasons (e.g., it makes my yard pretty)
   □ Other__________________________________________________________

60. Do you grow produce in your garden?  ○ Yes  ○ No

   [IF NO AND YOU ARE A COMMUNITY GARDENER SKIP TO # 64]
   [IF NO AND YOU ARE A BACKYARD GARDENER SKIP TO # 67]

   [If YES], In what capacities do you use the produce you grow? Using this list, state which ways you use produce, you may select more than one.

   [/FLASHCARD H]

   □ In meals I cook at home
   □ For snacks
   □ Share/give away to friends and neighbors
   □ For garden or community events (e.g., garden fairs or tours, community potlucks, etc.)
   □ Donate to food programs
   □ Other__________________________________________________________
61. The produce you grow yourself makes up how much of all the produce you consume during the gardening season:
   ○ All  ○ Majority  ○ Some  ○ None

62. If you did not garden, would it affect your consumption of fruits and vegetables?
   ○ Yes  ○ No

   [FLASHCARD I]
   [If YES], From the following list, select the most significant reason that would affect your consumption of fruits and vegetables.
   ○ I would not be able to eat the types or quality of fruits and vegetables I want
   ○ I cannot afford to buy enough fruits and vegetables at the store
   ○ There is no grocery store near me that sells fruits and vegetables
   ○ There is no grocery store near me that sells the fruits and vegetables I want
   ○ I prefer organic produce, and I cannot afford organic produce at the store
   ○ Other_______________________________

63. Compared to when you first started gardening, would you say that the amount of fruits and vegetables your family eats has changed?
   ○ Yes  ○ No

   [If YES], Has this amount...
   ○ Increased greatly  ○ Increased slightly  ○ Decreased slightly  ○ Decreased greatly

---

[THE NEXT THREE QUESTIONS ARE FOR COMMUNITY GARDENERS ONLY. BACKYARD GARDENERS SKIP TO THE QUESTION #67.]

64. Is your community garden located in your neighborhood?  ○ Yes  ○ No

65. How do you access your garden on most occasions? (select one)
   ○ Walk  ○ Bicycle  ○ Car  ○ Bus  ○ Other

   How many minutes by this mode of transportation?
   ○ 0-5  ○ 6-10  ○ 11-15  ○ 16-20  ○ 21-25  ○ More than 25

66. Is it easy for you to get to your garden?  ○ Yes  ○ No

   [If YES], For the following statements, answer yes or no. Is it easy because...
   ☐ You can take a direct route to your garden (for driving or walking)
   ☐ You feel safe walking or biking to your garden
   ☐ There are sidewalks or bike lanes
   ☐ There is plenty of storage on site so you do not have to carry heavy tools
   ☐ Other________________________________________________________
V B. Awareness of Community Gardens

67. Is there a community garden within walking distance of your home?
   ○ Yes   ○ No   ○ Don't know   ○ Refused

[IF NO OR DON'T KNOW, SKIP TO QUESTION #77]

68. What first made you aware of the community garden in your neighborhood. Select the best answer from the following list?
   ○ I pass by it in my neighborhood
   ○ Signs/advertisements in my neighborhood
   ○ My friends/family
   ○ Social or other event in the garden
   ○ A neighbor told me about it
   ○ Community gardeners told me about it
   ○ Other__________________________________________________________

69. Do you use this community garden for purposes other than gardening? ○ Yes ○ No

[If YES] How many times per year do you use the garden for purposes other than gardening?

   times per year

[If YES] How do you use the garden for purposes other than gardening? Say yes for each that apply to you.

   ☐ Playground for children
   ☐ Neighborhood social events
   ☐ Farmers' market
   ☐ To relax, go for a stroll, sit quietly, or read
   ☐ Board games such as Chess / Checkers / Cards
   ☐ Court games such as bocce ball, volleyball, or horseshoes
   ☐ A place to meet others
   ☐ To pick up food
   ☐ Other__________________________________________________________

For the next few statements I read, tell me if you strongly agree, agree, disagree, or strongly disagree. Here is the card that includes these types of responses.

[FLASHCARD J]

70. The community garden in your neighborhood is safe during the day. Would you say you:

   Strongly Agree  Agree  Disagree  Strongly Disagree  Don't Know  Refused

71. The community garden in your neighborhood is safe at night:  
   [ ] Strongly Agree  [ ] Agree  [ ] Disagree  [ ] Strongly Disagree  [ ] Don't Know  [ ] Refused

72. The equipment and buildings in the community garden in your neighborhood are well kept:  
   [ ] Strongly Agree  [ ] Agree  [ ] Disagree  [ ] Strongly Disagree  [ ] Don't Know  [ ] Refused

73. The garden in your neighborhood promotes a welcoming atmosphere for anyone who is interested in learning more about it:  
   [ ] Strongly Agree  [ ] Agree  [ ] Disagree  [ ] Strongly Disagree  [ ] Don't Know  [ ] Refused

74. The garden in your neighborhood is physically accessible to all people:  
   [ ] Strongly Agree  [ ] Agree  [ ] Disagree  [ ] Strongly Disagree  [ ] Don't Know  [ ] Refused

[FLASHCARD K]

75. What would most help increase awareness of community gardens in your neighborhood? Using this card as a reference, select the best option from the following list.

   [ ] Parties or social events in the garden
   [ ] More signs or advertisements in my neighborhood
   [ ] Outreach by community gardeners
   [ ] Structured activities such as youth programs in the garden
   [ ] Bigger or more visible garden
   [ ] Other

76. Could the garden serve the community in other ways?  
   [ ] Yes  [ ] No

[If YES] How?

77. Is a garden something you would like to see in your neighborhood?  
   [ ] Yes  [ ] No

Why or why not?

________

________

________

________

________

________

________
78. Is gardening an activity about which you would like to learn more?

○ Yes  ○ No  ○ Don't Know

[If YES] Are you interested in backyard gardening, community gardening, or both?
○ Backyard  ○ Community  ○ Both

[FLASHCARD L]

[If YES] Using this card, select which way would be the most helpful to get you started gardening.
○ More free time
○ More money to get the needed supplies
○ Better physical access or accommodations for various abilities
○ Information about how to get a community garden plot
○ Information about when and how to start planting
○ Other__________________________________________________________
Part VI. Physical Activity

This part of the survey is about activities you might have done in the past 4 weeks. First, I will list an activity and ask whether you did the activity in the past 4 weeks. If you answer yes, I am going to ask how many TIMES a week you usually did the activity. Then, I will ask you how many TOTAL HOURS in a TYPICAL week you did the activity. The survey distinguishes between various types of activities. Please take a moment to read over this card which lists the different types of physical activities I will ask you about.

[IF THE ACTIVITY IS CONDUCTED LESS THAN ONCE A WEEK, PLEASE WRITE A "0" IN THE BOX. PLEASE WRITE ONLY ONE NUMBER, NOT A RANGE.]

[FLASHCARD M & N]

In the past 4 weeks did you...

79. Do heavy work around the house (such as washing windows, cleaning gutters)?
   - Yes
   - No
   **If yes**, how many times a week?
   **If yes**, how many TOTAL hours a week did you usually do it?
   - Less than 1 hour
   - 1-2.5
   - 3-4.5
   - 5-6.5
   - 7-8.5
   - 9 or more hours

80. Do light work around the house (such as sweeping or vacuuming)?
   - Yes
   - No
   **If yes**, how many times a week?
   **If yes**, how many TOTAL hours a week did you usually do it?
   - Less than 1 hour
   - 1-2.5
   - 3-4.5
   - 5-6.5
   - 7-8.5
   - 9 or more hours

81. Do heavy gardening (such as spading, raking)?
   - Yes
   - No
   **If yes**, how many times a week?
   **If yes**, how many TOTAL hours a week did you usually do it?
   - Less than 1 hour
   - 1-2.5
   - 3-4.5
   - 5-6.5
   - 7-8.5
   - 9 or more hours

82. Do light gardening (such as watering plants)?
   - Yes
   - No
   **If yes**, how many times a week?
   **If yes**, how many TOTAL hours a week did you usually do it?
   - Less than 1 hour
   - 1-2.5
   - 3-4.5
   - 5-6.5
   - 7-8.5
   - 9 or more hours

83. Ride a bicycle or stationary cycle?
   - Yes
   - No
   **If yes**, how many times a week?
   **If yes**, how many TOTAL hours a week did you usually do it?
   - Less than 1 hour
   - 1-2.5
   - 3-4.5
   - 5-6.5
   - 7-8.5
   - 9 or more hours

84. Play golf, riding a cart (count walking time only)?
   - Yes
   - No
   **If yes**, how many times a week?
   **If yes**, how many TOTAL hours a week did you usually do it?
   - Less than 1 hour
   - 1-2.5
   - 3-4.5
   - 5-6.5
   - 7-8.5
   - 9 or more hours
85. Play singles tennis (do not count doubles)?
   - Yes
   - No
   If yes, how many times a week? __________
   If yes, how many TOTAL hours a week did you usually do it?
   - Less than 1 hour
   - 1-2.5
   - 3-4.5
   - 5-6.5
   - 7-8.5
   - 9 or more hours

86. Play doubles tennis (do not count singles)?
   - Yes
   - No
   If yes, how many times a week? __________
   If yes, how many TOTAL hours a week did you usually do it?
   - Less than 1 hour
   - 1-2.5
   - 3-4.5
   - 5-6.5
   - 7-8.5
   - 9 or more hours

87. Skate (ice, roller, in-line)?
   - Yes
   - No
   If yes, how many times a week? __________
   If yes, how many TOTAL hours a week did you usually do it?
   - Less than 1 hour
   - 1-2.5
   - 3-4.5
   - 5-6.5
   - 7-8.5
   - 9 or more hours

88. Do other aerobic machines such as rowing, or step machines (do not count treadmill or stationary cycle)?
   - Yes
   - No
   If yes, how many times a week? __________
   If yes, how many TOTAL hours a week did you usually do it?
   - Less than 1 hour
   - 1-2.5
   - 3-4.5
   - 5-6.5
   - 7-8.5
   - 9 or more hours

89. Do water exercises (do not count other swimming)?
   - Yes
   - No
   If yes, how many times a week? __________
   If yes, how many TOTAL hours a week did you usually do it?
   - Less than 1 hour
   - 1-2.5
   - 3-4.5
   - 5-6.5
   - 7-8.5
   - 9 or more hours

90. Swim moderately or fast?
   - Yes
   - No
   If yes, how many times a week? __________
   If yes, how many TOTAL hours a week did you usually do it?
   - Less than 1 hour
   - 1-2.5
   - 3-4.5
   - 5-6.5
   - 7-8.5
   - 9 or more hours

91. Swim gently?
   - Yes
   - No
   If yes, how many times a week? __________
   If yes, how many TOTAL hours a week did you usually do it?
   - Less than 1 hour
   - 1-2.5
   - 3-4.5
   - 5-6.5
   - 7-8.5
   - 9 or more hours

92. Do stretching or flexibility exercises (do not count yoga or Tai-chi)?
   - Yes
   - No
   If yes, how many times a week? __________
   If yes, how many TOTAL hours a week did you usually do it?
   - Less than 1 hour
   - 1-2.5
   - 3-4.5
   - 5-6.5
   - 7-8.5
   - 9 or more hours
93. Do yoga, Tai-chi, or Pilates?
   ○ Yes  ○ No
   If yes, how many times a week?  
   If yes, how many TOTAL hours a week did you usually do it?
   ○ Less than 1 hour  ○ 1-2.5  ○ 3-4.5  ○ 5-6.5  ○ 7-8.5  ○ 9 or more hours

94. Do aerobics or aerobic dancing?
   ○ Yes  ○ No
   If yes, how many times a week?
   If yes, how many TOTAL hours a week did you usually do it?
   ○ Less than 1 hour  ○ 1-2.5  ○ 3-4.5  ○ 5-6.5  ○ 7-8.5  ○ 9 or more hours

95. Do moderate to heavy strength training (such as hand-held weights of more than 5 lbs., weight machines, or push-ups)?
   ○ Yes  ○ No
   If yes, how many times a week?
   If yes, how many TOTAL hours a week did you usually do it?
   ○ Less than 1 hour  ○ 1-2.5  ○ 3-4.5  ○ 5-6.5  ○ 7-8.5  ○ 9 or more hours

96. Do light strength training (such as hand-held weights of 5 lbs. or less or elastic bands)?
   ○ Yes  ○ No
   If yes, how many times a week?
   If yes, how many TOTAL hours a week did you usually do it?
   ○ Less than 1 hour  ○ 1-2.5  ○ 3-4.5  ○ 5-6.5  ○ 7-8.5  ○ 9 or more hours

97. Do general conditioning exercises, such as light calisthenics or chair exercises (do not count strength training)?
   ○ Yes  ○ No
   If yes, how many times a week?
   If yes, how many TOTAL hours a week did you usually do it?
   ○ Less than 1 hour  ○ 1-2.5  ○ 3-4.5  ○ 5-6.5  ○ 7-8.5  ○ 9 or more hours

98. Play basketball, soccer, or racquetball (do not count time on sidelines)?
   ○ Yes  ○ No
   If yes, how many times a week?
   If yes, how many TOTAL hours a week did you usually do it?
   ○ Less than 1 hour  ○ 1-2.5  ○ 3-4.5  ○ 5-6.5  ○ 7-8.5  ○ 9 or more hours

99. Jog or run?
   ○ Yes  ○ No
   If yes, how many times a week?
   If yes, how many TOTAL hours a week did you usually do it?
   ○ Less than 1 hour  ○ 1-2.5  ○ 3-4.5  ○ 5-6.5  ○ 7-8.5  ○ 9 or more hours
100. Walk uphill or hike uphill (count only uphill part)?
   √ Yes  □ No  If yes, how many times a week? ___
   If yes, how many TOTAL hours a week did you usually do it?
   □ Less than 1 hour  □ 1-2.5  □ 3-4.5  □ 5-6.5  □ 7-8.5  □ 9 or more hours

101. Walk fast or briskly for exercise (do not count walking leisurely or uphill)?
   √ Yes  □ No  If yes, how many times a week? ___
   If yes, how many TOTAL hours a week did you usually do it?
   □ Less than 1 hour  □ 1-2.5  □ 3-4.5  □ 5-6.5  □ 7-8.5  □ 9 or more hours

102. Walk to do errands (such as to/from a store or to take children to school (count walk time only))?
   √ Yes  □ No  If yes, how many times a week? ___
   If yes, how many TOTAL hours a week did you usually do it?
   □ Less than 1 hour  □ 1-2.5  □ 3-4.5  □ 5-6.5  □ 7-8.5  □ 9 or more hours

103. Walk leisurely for exercise or pleasure?
   √ Yes  □ No  If yes, how many times a week? ___
   If yes, how many TOTAL hours a week did you usually do it?
   □ Less than 1 hour  □ 1-2.5  □ 3-4.5  □ 5-6.5  □ 7-8.5  □ 9 or more hours

104. Do other types of physical activity not previously mentioned (please specify)?
   Activity: _____________________________________________
   √ Yes  □ No  If yes, how many times a week? ___
   If yes, how many TOTAL hours a week did you usually do it?
   □ Less than 1 hour  □ 1-2.5  □ 3-4.5  □ 5-6.5  □ 7-8.5  □ 9 or more hours
Part VII. Food and Nutrition

VII A: The following questions are about the foods you usually eat or drink.
The following questions are about the foods you usually eat or drink. For each food item, tell me either how many times per day or how many times per week you consume the item. Include all foods you eat, both at home and away from home.

105. How often do you eat green salad?

<table>
<thead>
<tr>
<th></th>
<th>Per day</th>
<th></th>
<th>Per week</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>555 = Never</td>
<td>777 = Don't Know/Not Sure</td>
<td>999 = Refused</td>
</tr>
</tbody>
</table>

106. How often do you eat potatoes not including French fries, fried potatoes, or potato chips?

<table>
<thead>
<tr>
<th></th>
<th>Per day</th>
<th></th>
<th>Per week</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>555 = Never</td>
<td>777 = Don't Know/Not Sure</td>
<td>999 = Refused</td>
</tr>
</tbody>
</table>

107. How often do you eat carrots?

<table>
<thead>
<tr>
<th></th>
<th>Per day</th>
<th></th>
<th>Per week</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>555 = Never</td>
<td>777 = Don't Know/Not Sure</td>
<td>999 = Refused</td>
</tr>
</tbody>
</table>

108. Not counting carrots, potatoes, or salad, how many servings of vegetables do you usually eat?
(Example, a serving of vegetables at both lunch and dinner would be two servings).

<table>
<thead>
<tr>
<th></th>
<th>Per day</th>
<th></th>
<th>Per week</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>555 = Never</td>
<td>777 = Don't Know/Not Sure</td>
<td>999 = Refused</td>
</tr>
</tbody>
</table>
109. How often do you drink fruit juices such as orange, grapefruit, or tomato?

<table>
<thead>
<tr>
<th>Per day</th>
<th>555 = Never</th>
<th>777 = Don't Know/Not Sure</th>
<th>999 = Refused</th>
</tr>
</thead>
<tbody>
<tr>
<td>Per week</td>
<td>555 = Never</td>
<td>777 = Don't Know/Not Sure</td>
<td>999 = Refused</td>
</tr>
</tbody>
</table>

110. Not counting juice, how often do you eat fruit?

<table>
<thead>
<tr>
<th>Per day</th>
<th>555 = Never</th>
<th>777 = Don't Know/Not Sure</th>
<th>999 = Refused</th>
</tr>
</thead>
<tbody>
<tr>
<td>Per week</td>
<td>555 = Never</td>
<td>777 = Don't Know/Not Sure</td>
<td>999 = Refused</td>
</tr>
</tbody>
</table>

**VII B.** The following questions are about your daily eating and food preparation habits. These questions ask about where you get your food, where you usually eat, and other questions about choices you make about food.

111. When you are eating, cooking, or shopping for food, how many people in your household are you usually preparing for?

- 1
- 2
- 3
- 4-5
- 6-7
- 8 or more

112. How many times a week do you eat food made at…

<table>
<thead>
<tr>
<th>Home?</th>
<th>Less than once a week</th>
<th>1-2 times a week</th>
<th>3-4 times a week</th>
<th>5-6 times a week</th>
<th>At least once a day</th>
</tr>
</thead>
<tbody>
<tr>
<td>A fast food or take out restaurant?</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>A sit-down restaurant?</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>A school?</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>A convenience store or gas station?</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>A church or community service organization?</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>At a workplace cafeteria?</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>At another place:</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
</tbody>
</table>

Please specify: ____________________________________________
113. I'm going to read you a list of places. How much of the food you make at home comes from each of these places? Please respond using the following choices on the card, none, some, most, all, or don't know.

How much of the food you make at home comes from:

<table>
<thead>
<tr>
<th>Place</th>
<th>None</th>
<th>Some</th>
<th>Most</th>
<th>All</th>
<th>Don't Know</th>
</tr>
</thead>
<tbody>
<tr>
<td>A supermarket or grocery store?</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>A convenience store or gas station?</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>A Farmer's Market?</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>A food bank or food pantry?</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>A garden (home or community)</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>A church or community service organization?</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>At another place:</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Please specify:</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

114. How do you usually travel to buy food that you make at home? Select one response from the list I read.

- ○ Bus
- ○ Your own vehicle
- ○ Ride free in someone else's vehicle
- ○ You pay someone to drive you there
- ○ Bike
- ○ Walk
- ○ Other__________________________________________________________
I'm going to read a list of places where you might get fresh fruits and vegetables. Please tell me if you get them there during the local growing season [May-Oct.] Tell me yes or no for each option I read.

- King Soopers
- Safeway
- Wild Oats
- Whole Foods
- Food co-ops
- A large discount supermarket such as Costco
- A small neighborhood store
- A farmer's market
- Directly from a ranch or a farmer
- A friend or relative with a garden
- Grow it yourself
- Community supported agriculture box or membership
- Food bank or food pantry
- Another supermarket ________________________________

What are some barriers you face to buying more fruits and vegetables? Answer yes or no for each statement.

A. They are expensive? [ ] Yes [ ] No
B. Others who live with you don't like them? [ ] Yes [ ] No
C. Don't know how to fix them? [ ] Yes [ ] No
D. Takes too long to fix them? [ ] Yes [ ] No
E. You would like them but they spoil too fast? [ ] Yes [ ] No
F. They are not as important as other foods [ ] Yes [ ] No
G. No access to good fruits and vegetables? [ ] Yes [ ] No
H. I don't feel full when I eat them [ ] Yes [ ] No
I. No barriers [ ] Yes [ ] No
J. Other ________________________________ [ ] Yes [ ] No

[FLASHCARD P]

We would like to know about some of the ways that you might share food with your neighbors. Using the scale provided on the card, with 1 being very often and 5 being never, How often do you…

<table>
<thead>
<tr>
<th></th>
<th>Very Often (1)</th>
<th>(2)</th>
<th>(3)</th>
<th>(4)</th>
<th>Never(5)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Share new foods with your neighbors?</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>B. Give away other food to neighbors?</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>C. Share information about where to buy foods with your neighbors?</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>D. Exchange recipes or food preparation tips with your neighbors?</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>E. Request food from neighbors?</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
</tbody>
</table>
118. I'm going to read a list of food assistance programs. Which of these, if any, have you or those in your household used in the last year? Tell me yes or no, as I read each option.

<table>
<thead>
<tr>
<th>Program</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Food Stamps?</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>B. Temporary Assistance for Needy Families (TANF)</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>C. WIC (Women Infants and Children)</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>D. A shelter or church that provides food</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>E. School lunch and/or breakfast program?</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>F. Summer food program (for example, at a school or community center)</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>G. Nutrition program for the elderly</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>H. Other</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>I. None</td>
<td>○</td>
<td>○</td>
</tr>
</tbody>
</table>

If Other, please specify: _______________________________________________________

[If NONE] Have there been any times that you received public assistance?

<table>
<thead>
<tr>
<th>Response</th>
<th>Yes</th>
<th>No</th>
<th>Don't Know</th>
<th>Refused</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>○</td>
<td>○</td>
<td></td>
<td>○</td>
</tr>
</tbody>
</table>
Part VIII. General Health

I am now going to ask you a few questions regarding your general health and related issues that may affect your health. Please try to answer these questions as accurately as possible.

119. Would you say that in general your health is:
   ○ Excellent  ○ Very good  ○ Good  ○ Fair  ○ Poor  ○ Don't know/not sure

120. Now thinking about your physical health, which includes physical illness or injury, for how many days during the past 30 days was your physical health not good?

   Enter number of days  ○ None  77 = Don't Know/Not Sure

121. Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

   Enter number of days  ○ None  77 = Don't Know/Not Sure

122. During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?

   Enter number of days  ○ None  77 = Don't Know/Not Sure
123. These next questions are about your height and weight.

How tall are you without shoes? \textit{[IF NEEDED, SAY: "About how tall".]}

\begin{itemize}
  \item \underline{feet} \underline{inches} \hspace{1cm} 88 = Don't Know, 77 = Refused
\end{itemize}

124. \textbf{Weight History}

How much do you weigh without shoes? \textit{[When not pregnant]}

\begin{itemize}
  \item \underline{pounds} \hspace{1cm} 888 = Don't Know, 777 = Refused
\end{itemize}

Only answer as far back as you have been at your current, adult height:

\begin{itemize}
  \item What was your weight one year ago? \underline{pounds}
  \item What was your weight three years ago? \underline{pounds}
  \item What was your weight five years ago? \underline{pounds}
\end{itemize}

125. Are you now trying to lose weight?

\begin{itemize}
  \item \underline{Yes} \hspace{1cm} \underline{No} \hspace{1cm} \underline{Don't Know} \hspace{1cm} \underline{Refused}
\end{itemize}

126. Are you now trying to maintain your current weight, that is, to keep from gaining weight?

\begin{itemize}
  \item \underline{Yes} \hspace{1cm} \underline{No} \hspace{1cm} \underline{Don't Know} \hspace{1cm} \underline{Refused}
\end{itemize}

\textit{[IF NO TO 125 & 126, SKIP TO # 128]}

127. Are you eating either fewer calories or less fat to...

\begin{itemize}
  \item lose weight? \hspace{1cm} \underline{Yes} \hspace{1cm} \underline{No}
  \item keep from gaining weight? \hspace{1cm} \underline{Yes} \hspace{1cm} \underline{No}
\end{itemize}

\textit{[IF YES]}

Which would you say you are eating less of…

\begin{itemize}
  \item Fewer calories
  \item less fat
  \item both fewer calories and less fat
  \item No
  \item Don't know/not sure
  \item Refused
\end{itemize}

128. Are you using physical activity or exercise to...

\begin{itemize}
  \item lose weight? \hspace{1cm} \underline{Yes} \hspace{1cm} \underline{No} \hspace{1cm} \underline{Don't Know} \hspace{1cm} \underline{Refused}
  \item keep from gaining weight? \hspace{1cm} \underline{Yes} \hspace{1cm} \underline{No} \hspace{1cm} \underline{Don't Know} \hspace{1cm} \underline{Refused}
\end{itemize}
Part IX: Information about you...

I am now going to ask you some questions about your housing, your income, and your level of education.

129. Gender (select one)  
   - Male  
   - Female

130. What is your age? (in years)  

131. What type of housing do you live in?  
   - A mobile home  
   - A single-family house detached from any other house  
   - A single-family house attached to one or more houses  
   - Apartment or in-law unit  
   - Other shared housing  
   - Other

132. Is this housing:  
   - Owned by you or someone in this household with a mortgage or loan?  
   - Owned by you or someone in this household free and clear (without a mortgage or loan)?  
   - Rented for cash rent?  
   - Occupied without payment of cash rent?

[FLASHCARD Q]

133. How long have you lived at your current address? Please refer to the card with the following years listed...  
   Since:  
   - 2005-2006  
   - 2000-2005  
   - 1990-1999  
   - 1980-1989  
   - 1970-1979  
   - 1969 or earlier

134. How long have you lived in your current neighborhood? Since:  
   - 2005-2006  
   - 2000-2005  
   - 1990-1999  
   - 1980-1989  
   - 1970-1979  
   - 1969 or earlier

135. How long have you lived in Denver? Since:  
   - 2005-2006  
   - 2000-2005  
   - 1990-1999  
   - 1980-1989  
   - 1970-1979  
   - 1969 or earlier

136. Do you have children less than 18 years of age that live in your household?  
   - Yes  
   - No  
   - Number of children
137. What is the highest grade or year of school completed by anyone in your household?

- Never Attended School or only kindergarten
- Grades 1-8 (Elementary)
- Grades 9-11 (some high school)
- Grade 12 or GED (HS graduate)
- College 1 year to 3 years (some college or technical school)
- College 4 years or more (college graduate)

138. Is the annual income from all sources for this household:

[DO NOT READ ALL RESPONSES, START AT THE TOP AND ONCE YOU RECEIVE AN AFFIRMATIVE RESPONSE SKIP TO # 139.]
[IF RESPONDENT REFUSES AT ANY INCOME LEVEL CODE '99 REFUSED']

- Less than $10,000
- Less than $15,000 ($10,000 to less than $15,000)
- Less than $20,000 ($15,000 to less than $20,000)
- Less than $25,000 ($20,000 to less than $25,000)
- Less than $35,000 ($25,000 to less than $35,000)
- Less than $50,000 ($35,000 to less than $50,000)
- Less than $75,000 ($50,000 to less than $75,000)
- $75,000 or more
- Don't know/not sure
- Refused

139. Are you Hispanic or Latino?

- Yes
- No
- Don't know/not sure
- Refused

140. Which of the following categories best represents how you would describe your race or ethnic background?

- White
- Black/African American
- Asian
- Native Hawaiian or Other Pacific Islander
- American Indian or Alaska Native
- Other (Specify)_________________________________________________
141. What languages are spoken in your home? Check all that apply.

☐ English
☐ Spanish
☐ Laotian
☐ Vietnamese
☐ Cambodian
☐ Other__________________________________________________________

142. What is the primary language spoken in your home?

☐ English
☐ Spanish
☐ Laotian
☐ Vietnamese
☐ Cambodian
☐ Other__________________________________________________________

143. What is your marital status?

☐ Never married
☐ Now married
☐ Separated
☐ Divorced
☐ Widowed
☐ Member of unmarried couple

144. Tell me about something you are most proud of in your neighborhood.

_________________________________________________________________
_________________________________________________________________
_________________________________________________________________

Thank you for participating in the survey. We appreciate your time. If you are interested in learning more about the project, please refer to the website listed on the pamphlet in your gift package.

[PRESENT GIFT & $10 COMPENSATION]

Thank you.