Live Well Wheat Ridge Access to Healthy Foods Assessment

The Wheat Ridge Access to Fresh Fruits and Vegetables Task Force is a group of community members interested in increasing access to fresh fruits and vegetables for residents of Wheat Ridge.

LiveWell Wheat Ridge and community partners are interested in what you think about growing, buying and eating local foods. Please take a moment to fill out this survey. It will take you about 10 minutes to fill it out. Your input is important and will help us to develop programs and policies for Wheat Ridge.

Please return this survey at the booth, event or box were you received this survey. Or, please mail it to:

Jefferson Conservation District
Attn: Peter Burke
USDA NRCS - Denver Federal Center
Building 56, Rm 2604
PO Box 25426
Denver, CO 80225-0426

Thank you!
Do you currently live in the City of Wheat Ridge?

□ Yes □ No

FRUITS AND VEGETABLES

We would like to know about where you buy fruits and vegetables.

Please check the three places you go to the most during the summer and the three places you go to the most during other times of the year.

1. Where do you usually get most of your fruits and vegetables?

<table>
<thead>
<tr>
<th>Places to buy food</th>
<th>Summer (Check 3)</th>
<th>Other times of the year (Check 3)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grocery store</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>Natural food store</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>Fruterias</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>Ethnic food market</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>Fast food restaurant</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>Other restaurant</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>Convenience store or gas station</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>Food bank or pantry</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>Given or donated to me</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>Meal delivery program like Meals on Wheels</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>Mobile vendors</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>Farmers’ market, fruit and vegetable stand, community garden, or home garden</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>Community supported agriculture (CSA)</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>Other (please explain):</td>
<td>□</td>
<td>□</td>
</tr>
</tbody>
</table>

□ I choose not to respond

2. How do you usually get to where you buy your fruits and vegetables?

□ My own car  
□ Someone else’s car  
□ Bike  
□ Bus  
□ Walk
□ It is delivered to me
□ Senior Resource Center Transportation or Access-a-Ride
□ I grow most of my own fruits and vegetables.
□ Other (please explain): ______________________
□ I choose not to respond

3. **How far do you live from where you go to get most of your fruits and vegetables?**

□ One to 5 blocks (less than half a mile)
□ Between a half mile and a mile
□ Between 1 mile and 5 miles
□ Over 5 miles
□ I choose not to respond

4. **How much does transportation or far distance make it hard for you to get to where you buy fruits and vegetables?**

□ A lot
□ Some
□ Not at all
□ I choose not to respond

5. **How much does transportation or far distance affect how much food you buy?**

□ A lot
□ Some
□ Not at all
□ I choose not to respond

6. **What are the 3 most important things that help you decide what fruits and vegetables to eat.**

(Number your answers as “1” for most important, “2” for next important and “3” for third important.)

___ How fresh the fruits or vegetables are
___ How healthy the fruits and vegetables are for me
___ The taste of the fruits and vegetables
___ If the fruits and vegetables are organic
___ The fruits and vegetables are popular in my culture
___ How much the fruits and vegetables cost
___ How easy the fruits and vegetables are to prepare or cook
___ How familiar the fruits and vegetables are to me
If the fruits and vegetables are local or grown here
___ Other (please explain): ______________________________
___ I choose not to respond

**HOME GARDENS**

1. **Do you grow any of these at home?** (Check all that apply).
   - ☐ Vegetables
   - ☐ Fruits
   - ☐ Spices and herbs
   - ☐ Flowers or plants people can not eat
   - ☐ Other (please explain): ______________________________
   - ☐ I don’t grow anything at home

2. **If you do not grow these things at home, why not?** (Check all that apply).
   - ☐ I don’t have enough space to plant
   - ☐ I don’t have enough time to take care of what I plant
   - ☐ I can’t afford to plant anything
   - ☐ I don’t like gardening
   - ☐ I am not allowed to plant anything
   - ☐ Other (please explain) ________________________________

**COMMUNITY GARDENS**

1. **Is there a garden in your neighborhood where people who live in the neighborhood have plots to plant their own gardens?**
   - ☐ Yes  ☐ No  ☐ I don’t know

2. **Do you have a plot at the Wheat Ridge community garden called The Happiness Garden?**
   - ☐ Yes  ☐ No

3. **If you currently do not have a plot at Happiness Garden, would you like to rent one in the future?**
   - ☐ Yes  ☐ No
FARMERS’ MARKETS

1. If you go to the Wheat Ridge Farmers’ Market, what do you buy there? (Check all that apply).
   - □ I do not go to the Wheat Ridge Farmers’ Market
   - □ Fruits and vegetables
   - □ Food items other than fruits and vegetables
   - □ Flowers or plants that people can not eat
   - □ I do not buy anything.

2. If you do not go to the Wheat Ridge Farmers’ Market, why not?
   - □ I can not afford the items
   - □ I do not like the selection of food items to buy
   - □ I do not eat fruits and vegetables
   - □ I do not have the transportation or a way to get there
   - □ Other (please explain) __________________________________

3. Do you patron a farmers’ market outside of Wheat Ridge on a regular or semi-regular basis?
   - □ Yes          □ No

4. If you answered “yes” to question 3, please check all of the reasons why you patron a farmers’ market outside of Wheat Ridge:
   - □ Location
   - □ Better selection of produce.
   - □ Hours of service.
   - □ Day of the market
   - □ The produce is grown in that jurisdiction
   - □ Other: please explain: ______________________________________

LOCALLY GROWN FOODS

1. Do you think it is important for Wheat Ridge food markets to carry fruits and vegetables that are local or grown here?
   - □ Yes          □ No

2. Would you be more likely to go to a Wheat Ridge restaurant if it used locally grown food?
   - □ Yes          □ No
3. Would you be interested in buying fruits and vegetables and other farm items from a local farmer and have it delivered to your home?
   □ Yes □ No □ I want more information first

4. Would you want to be part of a food-cooperative grocery store where you would pay a small fee every year to be a member and then buy food and other products there that are local or grown here?
   □ Yes □ No □ I want more information first

5. Would you be willing to pay more for locally grown foods?
   □ Yes □ No

GETTING INFORMATION

1. Do you want information on the following? (Check “yes” or “no” for each item).

<table>
<thead>
<tr>
<th>Information</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sharing a yard or garden with your neighbors</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Community gardens or school gardens</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Community Supported Agriculture</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Food Cooperative Grocery Stores</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Other information you want (please describe):

GETTING INVOLVED

1. Would you be interested in coming to a community event that raises awareness about the importance of growing fruits and vegetables in your local area?
   □ Yes □ No

2. Have you ever called the City of Wheat Ridge to ask about information about growing fruits and vegetables, farming, selling fruits and vegetables, composting, or other gardening questions?
   □ Yes □ No

   □ Yes □ No □ I want more information first
Leaves your name and phone number here if you want any more information.

ABOUT YOU

<table>
<thead>
<tr>
<th>Are you?</th>
<th>How many people live in your home?</th>
<th>What is your ethnicity?</th>
</tr>
</thead>
<tbody>
<tr>
<td>□ Male</td>
<td>□ None □ One □ Two □ Three □ Four □ Five □ Six □ Seven □ Eight □ Nine □ Ten or more</td>
<td>□ American Indian or Alaska Native □ Asian □ Black or African American</td>
</tr>
<tr>
<td>□ Female</td>
<td>□ None □ One □ Two □ Three □ Four □ Five □ Six □ Seven □ Eight □ Nine □ Ten or more</td>
<td>□ Latino □ White □ Native Hawaiian or Other Pacific Islander</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>What is your age?</th>
<th>What type of housing do you live in?</th>
<th>What is your total family income for a year?</th>
</tr>
</thead>
<tbody>
<tr>
<td>______ years</td>
<td>□ Private home □ Apartment or condo □ Townhouse □ Other (please explain): __________________________</td>
<td>□ Under $15,000 □ $15,000 to $29,000 □ $30,000 to $49,000</td>
</tr>
<tr>
<td></td>
<td>□ Four-year college degree or higher</td>
<td>□ $50,000 to $99,000 □ $100,000 or more □ I choose not to respond</td>
</tr>
</tbody>
</table>