SAMPLE QUESTIONS FOR YOUR FOOD SERVICE DIRECTOR

Interview your school district’s food service director to find out how and why certain foods end up on your lunch tray. Take the time to get to know your food service director and learn about the complexities involved in creating a seemingly simple school lunch.

**Step 1:** Review the list of questions below. Come up with additional questions if you’d like.

**Step 2:** Schedule a meeting with your food service director. Make sure you have at least 30 minutes for the meeting.

**Step 3:** Be prepared. Practice your interviewing techniques. Make sure that someone is assigned to take notes while another person is assigned to lead the discussion.

**Step 4:** Interview your food service director.

**Step 5:** Send a “Thank You” note to your food service director after the interview.

Sample Interview Questions

If you don’t already know the food service director, start by introducing yourself.

1. What made you decide to work in food services?
2. Can you please explain how the National School Lunch Program works?
3. Can you tell me why you chose to participate in the LiveWell@School Food Initiative?
4. What are your plans for improving school meals?
5. When will we begin to see the biggest changes in our school meals?
6. Can you describe some of these changes?
7. If you could improve any one thing about school meals immediately, what would you change?
8. What are some ways students can have a say in what food is offered in the cafeteria?
9. Are you open to ideas and suggestions for menu items?
10. What role do students play in a successful school meal program?
11. What can students do to help market our new menu items?
12. Why does it take so long to see the school meal changes?
13. How much does it cost (in food and salaries for workers) to prepare a school lunch?
14. Other

Be sure to thank the food service director for taking the time to meet with you.