HEAL Summit
Presented by LiveWell Colorado
Wednesday, December 4 – Thursday, December 5
DoubleTree, Stapleton
4040 Quebec Street, Denver 80216

AGENDA

WEDNESDAY, DECEMBER 4, 2019

9:15 a.m. Registration

10:00 – 10:15 a.m. Welcome

10:15 – 11:10 a.m. Keynote
Dr. Manuel Pastor, Distinguished Professor, Sociology and American Studies & Ethnicity, University of Southern California, Director, USC Program for Environmental and Regional Equity, Director, USC Center for the Study of Immigrant Integration

11:15 – 12:30 p.m. Breakout Sessions

A Preschool and Elementary School Based Policy, System, and Environment (PSE) Change Strategy: Development and Implementation
- Divyani Pendleton, Program Manager, University of Colorado Anschutz Medical Campus
- Jamie Powers, Senior Program Coordinator, University of Colorado Anschutz Medical Campus

Youth Food Leadership and Advocacy Program
- Cathy Schmelter, President-Founder, An Ounce of Nutrition
- Annie Hamilton, Trainer, An Ounce of Nutrition

12:30 – 1:30 p.m. Lunch and Networking
- Presentation of LiveWell Colorado Community Leader Award
- Policy Update – Terri Livermore, LiveWell Colorado

1:30 – 2:30 p.m. Breakout Sessions

Advancing Healthy Eating and Active Living in Indigenous Communities: Stories and Lessons from Western Canada
- Lisa McLaughlin, Program Manager - Communities ChooseWell, Alberta Recreation and Parks Association
- Janet Naclia, Indigenous Programs Manager, Alberta Recreation and Parks Association

Regional Food Systems in Rural Colorado
- Dana Wood, Public Health Specialist, Garfield County
- Angela Mills, Executive Director, LIFT-UP
- Ciara Low, Regional Food Systems Coordinator, SANA
- Sam Landercasper, Economic Assistance Manager, Pitkin County

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2:30 – 2:45 p.m.  
**Break**

2:45 – 4:00 p.m.  
**Breakout Sessions**

**Over the Colfax Clover: Catalytic Change Driven by and for Community**
- Ana Lucaci, Core-Owner, Walk to Connect
- Dan Shah, Executive Director, West Colfax Business Improvement District

**Public Health and Local Farms: A Partnership for Food Equity**
- Marissa Silverberg, Community Food Systems Mobilizer, Jefferson County Public Health
- Anna Schott, Program Director, GoFarm
- Meg Caley, Executive Director/Farmer, Sprout City Farms
- Brittany Cuthbert, WIC Dietician, Jefferson County Public Health

4:05 – 5:00 p.m.  
**Fast and Furious Farm to Pantry Program**
- Angela Mills, Executive Director, LIFT-UP
- Ciara Low, Regional Food Systems Coordinator, SANA

**Making Healthy Equity a Player in Youth Soccer**
- Kevin Gilbert, Board Member, FCBoulder

**Using Medically Tailored Meals in Diabetes Management and Prevention**
- Leslie Scotland-Stewart, Director of Health Care Innovation, Project Angel Heart

**Recreation and Sports Settings: Friend or Foe of Healthy Living?**
- Lisa McLaughlin, Program Manager - Communities ChooseWell, Alberta Recreation and Parks Association

**Closing the Gap to Healthy Food Access**
- Chris Taylor, Outreach Division Manager, Food Bank of the Rockies
- Cathy Schmelter, Nutrition Network Division Manager, Food Bank of the Rockies

**Advocacy in Action**
- Pam Rogers, PE For All Coordinator, SHAPE Colorado
- Dr. Jaimie McMullen, Associate Professor, UNC School of Sport and Exercise Science
- Jesse Weber, Physical Education Instructional Curriculum Specialist, Denver Public Schools
- Murray Wallace, Physical Education Teacher, Physical Education Teacher

5:00 – 6:00 p.m.  
**Networking Reception**

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**THURSDAY, DECEMBER 5, 2019**

8:00 – 8:45 a.m.  
**Breakfast and Networking**

8:45 – 9:00 a.m.  
**Welcome & Day One Recap**

9:00 – 10:15 a.m.  
**Breakout Sessions**

**Cultivating Equitable Neighborhood Food Systems Through Policy, Systems and Environmental Changes**
- Caitlin Matthews, Food Systems Coordinator, Tri-County Health Department
• Mondi Mason, Food Policy Administrator, Denver Department of Public Health and Environment
• Marissa Silverberg, Community Mobilizer, Jefferson County Public Health

Addressing Health Inequity in Northeast Park Hill Through Mobility and Connectivity
• Alana Romans, Communications & Special Projects Manager, Urban Land Conservancy
• David Thorpe, Studio Leader of Community Master Planning, Radian

10:15 – 10:30 a.m.  Break

10:30 – 11:45  Breakout Sessions

Healthy Farmers Markets: A Collaboration to Increase Access to Healthy Foods
• Maddie Philley, Community Impact Director, American Heart Association
• Genne Boggs, Branch Manager, Anythink Libraries
• Judy Fowler, WIC Manager, Community Gardens, Healthy Farmer's Market, Tri-County Health Department

Innovative Texting Intervention to Engage English and Spanish Speaking Families in Colorado
• Maria Saldana, Program Coordinator, University of Colorado Anschutz Medical Campus
• Divyani Pendleton, Program Manager, University of Colorado Anschutz Medical Campus
• Brenda Mendoza, Program Coordinator, University of Colorado Anschutz Medical Campus

11:45 – 12:45 p.m.  Lunch and Networking
Video Presentation

12:45 – 2:00 p.m.  Breakout Sessions

How Two HEAL Cities Revamped and Re-energized Wellness at their Workplace – and How You Can too
• Liz De Jongh, President, Well Simplified
• Ginny Clark, Vice President, Well Simplified
• Jill Collins, Wellness Coordinator, City of Thornton
• Sheena Campbell, Wellness Coordinator, City of Longmont

Health and Cost Impact of Strategies to Ensure all Children Grow Up at a Healthy Weight in Denver
• Jennifer Moreland, Denver Public Health

2:00 – 2:15  Break

2:15 – 2:55 p.m.  Fast and Furious
My Transportation Story: Learning to Bike in Denver
• Kayla Gilbert, Built Environment Equity Program Manager, Denver Department of Public Health & Environment

New Online Resources for School Food
• M Essa, Chef Ann Foundation

Consistent Messaging: Empowering Families to Take Action

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• Emily Bash, Nutrition Specialist, Colorado Department of Public Health and Environment

Understanding Healthy Food Access for Healthcare Pros
• Matt Hess, Associate Director, Colorado AHEC

How GoFarm’s Three Program Areas Work Together
• Anna Schott, Programs Director, GoFarm
• Jessica Soulis, Community Access Program Manager, GoFarm
• Natalie Fioretti, Local Food Share Program Manager, GoFarm

2:55 – 3:15 p.m.  Closing Remarks and Evaluations